Implementation Timeline for Final Rule "Nutrition Standards in the National School Lunch and School Breakfast Programs"

Implementation of most meal requirements in the NSLP begins SY 2012-2013. In the SBP, the meal requirements (other than milk) will be implemented gradually beginning SY 2013-2014.

New Requirements   2012/13   2013/14   2014/15   2015/16   2016/17   2017/18   2022/23   2016/17   2017/18   2022/23   2016/17   2017/18   2022/23   2016/17   2017/18   2022/23   2016/17   2016/17   2017/18   2022/23   2016/17   2016/17   2017/18   2022/23   2016/17   2016/17   2017/18   2022/23   2016/17   2016/17   2017/18   2022/23   2016/17   2016/	New Requirements	Implementation (School Year) for NSLP (L) and SBP (B)							
Offer fruit daily     Pruit quantity increase to 5 cups/week (minimum I cup/day)     Vegetables Component     Offer vegetables subgroups weekly		2012/13	2013/14	2014/15	2015/16	2016/17	2017/18	2022/23	
Offer fruit daily     Pruit quantity increase to 5 cups/week (minimum I cup/day)     Vegetables Component     Offer vegetables subgroups weekly	Fruits Component								
Vegetables Component	-	L							
Offer vegetables subgroups weekly				В					
Sodium Targets	Vegetables Component								
Half of grains must be whole grain-rich All grains must be whole-grain rich All grains must be whole-grain rich Offer weekly grains ranges L B  Meats/Meat Alternates Component Offer weekly meats/meat alternates ranges (daily min.)  Milk Component Offer only fat-free (unflavored or flavored) and low-fat (unflavored) milk  L, B  Dietary Specifications (to be met on average over a week) Calorie ranges L B Saturated fat limit (no change) L, B Saturated fat limit (no change) L, B Saturated fat limit (no change) L, B  Sodium Targets O Target 1 O Target 2 O Final target Final target E, B  Age-Grade Groups Establish age/grade groups: K-5, 6-8, 9-12 Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring  Monitoring S-year adm. review cycle Conduct weighted nutrient analysis on 1 L B Coffer vs. Serve Conduct weighted nutrient analysis on 1 L B Coffer vs. Conduct weighted nutrient analysis on 1 L C Coffer vs. Conduct weighted nutrient analysis on 1 L C Coffer vs. Conduct weighted nutrient analysis on 1 C Conduct weighted nutrient analysis on 1 C Coffer vs. Conduct weighted nutrient analysis on 1 C Conduct weighted nutrient analysis on 1 C C Conduct weighted nutrient analysis on 1 C C C C C C C C C C C C C C C C C C C	Offer vegetables subgroups weekly	L							
Half of grains must be whole grain-rich All grains must be whole-grain rich All grains must be whole-grain rich Offer weekly grains ranges L B  Meats/Meat Alternates Component Offer weekly meats/meat alternates ranges (daily min.)  Milk Component Offer only fat-free (unflavored or flavored) and low-fat (unflavored) milk  L, B  Dietary Specifications (to be met on average over a week) Calorie ranges L B Saturated fat limit (no change) L, B Saturated fat limit (no change) L, B Saturated fat limit (no change) L, B  Sodium Targets O Target 1 O Target 2 O Final target Final target E, B  Age-Grade Groups Establish age/grade groups: K-5, 6-8, 9-12 Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring  Monitoring S-year adm. review cycle Conduct weighted nutrient analysis on 1 L B Coffer vs. Serve Conduct weighted nutrient analysis on 1 L B Coffer vs. Conduct weighted nutrient analysis on 1 L C Coffer vs. Conduct weighted nutrient analysis on 1 L C Coffer vs. Conduct weighted nutrient analysis on 1 C Conduct weighted nutrient analysis on 1 C Coffer vs. Conduct weighted nutrient analysis on 1 C Conduct weighted nutrient analysis on 1 C C Conduct weighted nutrient analysis on 1 C C C C C C C C C C C C C C C C C C C	Grains Component							•	
All grains must be whole-grain rich Offer weekly grains ranges L B  Meats/Meat Alternates Component  Offer weekly meats/meat alternates ranges (daily min.)  Milk Component Offer only fat-free (unflavored) milk L, B  Dietary Specifications (to be met on average over a week)  Calorie ranges L B  Saturated fat limit (no change) Sodium Targets Target 1 Target 1 Target 2 Final target Final target Final target A single FBMP approach L B  Menu Planning A single FBMP approach L B  Offer vs. Serve  Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring  Monitoring  Sodium Target C Sodium Target	-	L	В						
■ Offer weekly grains ranges     ■ L B      Meats/Meat Alternates Component     ■ Offer weekly meats/meat alternates ranges (daily min.)      Milk Component     ■ Offer only fat-free (unflavored or flavored) and low-fat (unflavored) milk      Dietary Specifications (to be met on average over a week)     ■ Calorie ranges     ■ L B     ■ Saturated fat limit (no change)     ■ Sodium Targets     ■ Target 1	*			L, B					
Offer weekly meats/meat alternates ranges (daily min.)  Milk Component  Offer only fat-free (unflavored or flavored) and low-fat (unflavored) milk  L, B  Dietary Specifications (to be met on average over a week)  Calorie ranges  Calorie ranges  L B  Saturated fat limit (no change)  Target 1  Target 1  Target 2  Final target  A single FBMP approach  L B  Menu Planning  Age-Grade Groups  Establish age/grade groups: K-5, 6-8, 9-12  Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring  3-year adm. review cycle  Conduct weighted nutrient analysis on 1  L B  Ciffer vs. Serve  Conduct weighted nutrient analysis on 1  L B  Coffer ov. Serve  Conduct weighted nutrient analysis on 1  Calorie ranges  L, B  L, B  Calorie ranges  L, B  L, B  Calorie ranges  L, B  L, B  Calorie ranges  L, B  L, B  Calorie ranges  L, B  L,		L	В	,					
Offer weekly meats/meat alternates ranges (daily min.)  Milk Component  Offer only fat-free (unflavored or flavored) and low-fat (unflavored) milk  L, B  Dietary Specifications (to be met on average over a week)  Calorie ranges  Calorie ranges  L B  Saturated fat limit (no change)  Target 1  Target 1  Target 2  Final target  A single FBMP approach  L B  Menu Planning  Age-Grade Groups  Establish age/grade groups: K-5, 6-8, 9-12  Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring  3-year adm. review cycle  Conduct weighted nutrient analysis on 1  L B  Ciffer vs. Serve  Conduct weighted nutrient analysis on 1  L B  Coffer ov. Serve  Conduct weighted nutrient analysis on 1  Calorie ranges  L, B  L, B  Calorie ranges  L, B  L, B  Calorie ranges  L, B  L, B  Calorie ranges  L, B  L, B  Calorie ranges  L, B  L,									
Milk Component  Offer only fat-free (unflavored) milk  L, B  Dietary Specifications (to be met on average over a week)  Calorie ranges L B Saturated fat limit (no change) Sodium Targets Target 1 Target 2 Final target Final target Test per portion L B  Menu Planning  A single FBMP approach Establish age/grade groups: K-5, 6-8, 9-12  Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring  3-year adm. review cycle Conduct weighted nutrient analysis on 1  L, B	•	<u> </u>	<u> </u>	<u> </u>	<u> </u>	1			
Offer only fat-free (unflavored) milk  Dietary Specifications (to be met on average over a week)      Calorie ranges     L     B     Saturated fat limit (no change)     Sodium Targets     O Target 1     O Target 2     O Final target      Exero grams of trans fat per portion     L     B  Menu Planning      A single FBMP approach      Establish age/grade groups: K-5, 6-8, 9-12      Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring      3-year adm. review cycle     Conduct weighted nutrient analysis on 1     L     B  Dietary Specifications (to be met on average over a week)  L, B  B  Monitoring  L, B  Conduct weighted nutrient analysis on 1  L, B  Age-Grade Groups  L, B  Conduct weighted nutrient analysis on 1  L, B  Conduct weighted nutrient analysis on 1  L, B  Color average over a week)  L, B  Color average overage o		L							
Offer only fat-free (unflavored) milk  Dietary Specifications (to be met on average over a week)      Calorie ranges     L     B     Saturated fat limit (no change)     Sodium Targets     O Target 1     O Target 2     O Final target      Exero grams of trans fat per portion     L     B  Menu Planning      A single FBMP approach      Establish age/grade groups: K-5, 6-8, 9-12      Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring      3-year adm. review cycle     Conduct weighted nutrient analysis on 1     L     B  Dietary Specifications (to be met on average over a week)  L, B  B  Monitoring  L, B  Conduct weighted nutrient analysis on 1  L, B  Age-Grade Groups  L, B  Conduct weighted nutrient analysis on 1  L, B  Conduct weighted nutrient analysis on 1  L, B  Color average over a week)  L, B  Color average overage o	Milk Component								
Calorie ranges  L B Saturated fat limit (no change)  L, B  Sodium Targets	Offer only fat-free (unflavored or flavored)	L, B							
Calorie ranges  L B Saturated fat limit (no change)  L, B  Sodium Targets	Diotory Specifications (to be met on a	vorogo ov	or a wook)						
Saturated fat limit (no change)  Sodium Targets  Target 1  Target 2  Final target  Terror grams of trans fat per portion  L  B  Menu Planning  Age-Grade Groups  Establish age/grade groups: K-5, 6-8, 9-12  Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring  3-year adm. review cycle  Conduct weighted nutrient analysis on 1									
Sodium Targets Target 1 Target 2 Final target  Exercise Target 2 Target 2 Target 3 Target 4 Target 2 Target 2 Target 2 Target 2 Target 3 Target 2 Target 2 Target 3 Target 2 Target 2 Target 2 Target 3 Target 2 Target 3 Target 2 Target 3	-		_						
Target 2     Final target      Zero grams of trans fat per portion  L B  Menu Planning      A single FBMP approach      Establish age/grade groups: K-5, 6-8, 9-12      Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring      3-year adm. review cycle  Conduct weighted nutrient analysis on 1  L B  L, B  L, B  L, B  L, B  L, B									
O Final target     Zero grams of trans fat per portion     L     B  Menu Planning     A single FBMP approach     L     B  Age-Grade Groups     Establish age/grade groups: K-5, 6-8, 9-12     Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring     3-year adm. review cycle     Conduct weighted nutrient analysis on 1     L     B     L, B     B     Conduct weighted nutrient analysis on 1     L     R     Conduct weighted nutrient analysis on 1     L     R     Conduct weighted nutrient analysis on 1     L     R     Conduct weighted nutrient analysis on 1				L, B					
Zero grams of trans fat per portion     L     B  Menu Planning     A single FBMP approach     L     B  Age-Grade Groups     Establish age/grade groups: K-5, 6-8, 9-12     Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring     3-year adm. review cycle     Conduct weighted nutrient analysis on 1     Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring     Conduct weighted nutrient analysis on 1     Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring							L, B	L. B	
A single FBMP approach  Age-Grade Groups      Establish age/grade groups: K-5, 6-8, 9-12      Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring      3-year adm. review cycle  Conduct weighted nutrient analysis on 1  B  B  B  B  B  B  B  B  B  B  B  B  B		L	В					,	
A single FBMP approach  Age-Grade Groups      Establish age/grade groups: K-5, 6-8, 9-12      Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring      3-year adm. review cycle  Conduct weighted nutrient analysis on 1  B  B  B  B  B  B  B  B  B  B  B  B  B	Menu Planning								
Establish age/grade groups: K-5, 6-8, 9-12		L	В						
Establish age/grade groups: K-5, 6-8, 9-12									
Offer vs. Serve  • Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)  Monitoring  • 3-year adm. review cycle  • Conduct weighted nutrient analysis on 1  L  R		I.	В						
Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)      Monitoring     3-year adm. review cycle     Conduct weighted nutrient analysis on 1      B  B  B  B  B  B  B  B  B  B  B  B	25.00 m age, grade groups, 1x 5, 0 0, 7-12								
vegetable (1/2 cup minimum)  Monitoring  3-year adm. review cycle  Conduct weighted nutrient analysis on 1  B  B  B  B  B  B  B  B  B  B  B  B  B		ı	ı	ı	ı	T			
Monitoring  • 3-year adm. review cycle  • Conduct weighted nutrient analysis on 1  I  B		L		В					
3-year adm. review cycle     Conduct weighted nutrient analysis on 1     B	-							•	
Conduct weighted nutrient analysis on 1     R			L, B						
	Conduct weighted nutrient analysis on 1	L							